

**Arizona Standardized DCW Test - Sample questions - revised  
April 2010**

Note: In this exam the words *client* or *person* will be used to denote the person receiving services. The term *direct care worker* (DCW) includes direct support professionals (DSP), caregivers, personal assistants, and attendants.

Scoring: Each question is worth 1 point.

Instructions: For every test question, choose the one answer that is best. Write the letter of the answer on the answer sheet next to the number of the question. Do not write down two answers.

**Level I - Fundamentals**

1. A DCW who provides personal care needs:
  - a. Level I training plus Level II plus agency orientation and CPR/First Aid
  - b. Level I (Caregiving Fundamentals) training and CPR / First Aid
  - c. Level I training plus one module at Level II
  - d. Only agency orientation
  
2. The communication process involves:
  - a. The sender (the speaker) and the receiver (the listener)
  - b. The message
  - c. Feedback
  - d. All of the above
  
3. If you suspect a client is being abused:
  - a. Finish your shift, then tell your supervisor
  - b. Tell a family member
  - c. Tell your supervisor immediately
  - d. Ignore it; it's none of your business
  
4. Because DCWs have a high risk of getting Hepatitis B, the vaccination for Hepatitis B:
  - a. Is required when the DCW is hired
  - b. Is part of an OSHA recommended standard
  - c. Gives immunity to about half of the people who receive it
  - d. Is not recommended for DCWs
  
5. What is **not** an example of a home modification made to a home in order to provide comfort and safety?
  - a. Grab bars, handrails, ramps,
  - b. Easy entry bathtubs and showers
  - c. Narrower doorways
  - d. Stair lifts
  
6. You are not sure how to complete a task. You should:
  - a. Ask your supervisor
  - b. Just do it and hope it will be alright
  - c. Stop and leave the work for someone else
  - d. Call a friend and ask how she would do it

**Arizona Standardized DCW Test - Sample questions - revised  
April 2010**

7. You have called paramedics for a medical emergency. When paramedics arrive at the client's home you should:
  - a. Hand the paramedics the client's service plan and all medical documents
  - b. Tell the neighbors why the paramedics are there
  - c. Answer relevant questions asked by paramedics
  - d. Notify ALL the client's family members
  
8. Environmental fall hazards include all of the following EXCEPT:
  - a. Poor lighting
  - b. Lack of grab bars
  - c. Unsecured throw rugs
  - d. Undermedication
  
9. The food label lists ingredients in this order:
  - a. The most important nutrients first
  - b. By weight, the largest amount first
  - c. By calories, the highest first
  - d. The most healthful ingredients first
  
10. Instrumental Activities of Daily Living (IADLS):
  - a. Include shopping and using the telephone
  - b. Is the correct name for ADLs
  - c. Are all the tasks that DCWs do
  - d. Are tasks that clients should always do for themselves
  
11. Perishable leftover food should:
  - a. Be thrown out
  - b. Be refrigerated within 2 hours
  - c. Be stored in the microwave for easy reheating
  - d. None of the above
  
12. In building a relationship with a family:
  - a. Speak with them on a "need to know" basis
  - b. Initiate all communication through your supervisor
  - c. It is not necessary to listen to their concerns
  - d. Speak with them directly and professionally

1.a, 2.d, 3.c, 4.b, 5.c, 6.a, 7.c, 8.d, 9.b, 10. a, 11.b, 12.d